

## Self-Reflection

	Total Points Earned
24	Total Points Possible
	Percentage

Name \_\_\_\_\_

Date \_\_\_\_\_

Class \_\_\_\_\_

**Directions:** Reflect on your occupation research to determine if the occupation is the best fit for you.

1. What occupation did you research?
2. Does the occupation match your current interests and skills? Why or why not?
3. Do the characteristics of this occupation match your values, thus supporting your well-being? Explain.
4. Do the entry, median and potential wages match your desired standard of living? Explain.
5. Are you willing to complete the formal and informal training required for this occupation today and in the future? Explain.
6. Describe two ways your current responsibilities, activities and hobbies are helping to prepare you for this occupation.

7. What additional information would you like to know before pursuing this career?

8. What is one additional source of information you could use to continue your research?