



Volleyball Setting Rubric



This rubric will help to grade skill level of students in volleyball setting mechanics. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
1	<p data-bbox="816 573 1036 604">Basic Skill Level</p> <ul data-bbox="516 617 1373 909" style="list-style-type: none">• Students hands are not ready above their head and in a diamond shape• Student pushes their hands too early or too late upwards as the ball approaches• Student slaps at the ball with their hands• Students does not use their body to help hit the ball over the net
2	<p data-bbox="769 930 1083 961">Elementary Skill Level</p> <ul data-bbox="516 974 1373 1266" style="list-style-type: none">• Students hands are not ready above their head and in a diamond shape• Student pushes their hands too early or too late upwards as the ball approaches• Student contacts the ball with their palm• Students does not use their body to help hit the ball over the net
3	<p data-bbox="758 1287 1094 1318">Intermediate Skill Level</p> <ul data-bbox="516 1331 1321 1623" style="list-style-type: none">• Students hands are ready above their head and in a diamond shape• Student pushes their hands upwards as the ball approaches• Student contacts the ball with their finger tips• Students does not use their body to help hit the ball over the net
4	<p data-bbox="781 1644 1071 1675">Advanced Skill Level</p> <ul data-bbox="516 1688 1330 1980" style="list-style-type: none">• Students hands are ready above their head and in a diamond shape• Student pushes their hands upwards as the ball approaches• Student contacts the ball with their finger tips• Students uses their body to help hit the ball over the net

