

Name: _____ Date: _____

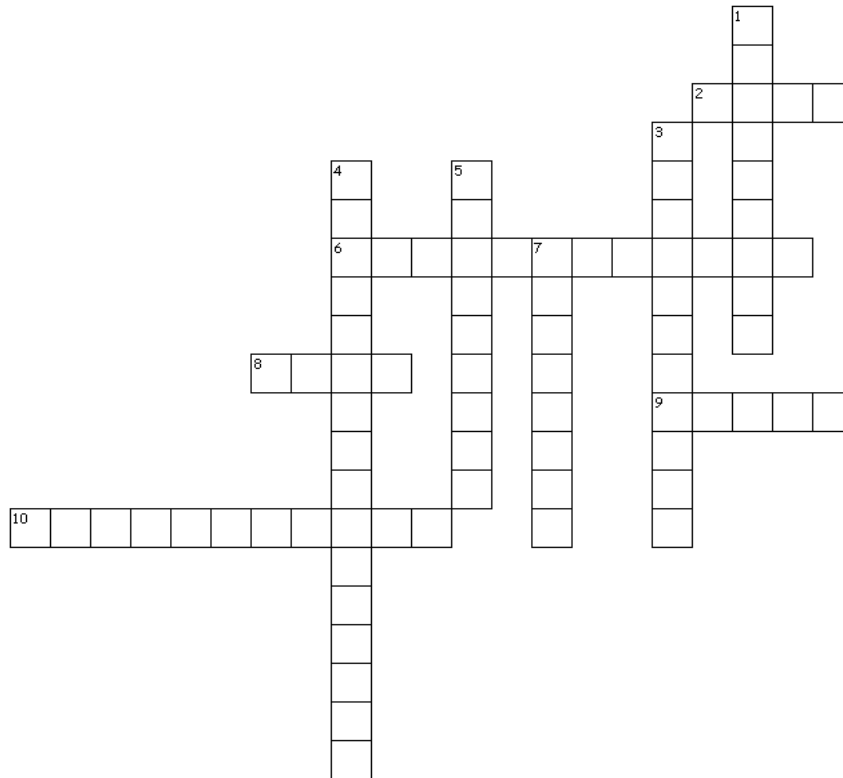
SOFTBALL CHALLENGE

ANSWER THE FOLLOWING QUESTIONS TRUE OR FALSE.

1. THERE ARE NINE INNINGS IN A REGULATION SOFTBALL GAME.
2. THE CATCHER NORMALLY WEARS PROTECTIVE EQUIPMENT SUCH AS A MASK.
3. YOU MAY NOT OVERRUN 1ST BASE WHEN RUNNING OUT A GROUND BALL.
4. A FOUL BALL WHICH IS CAUGHT BY A FIELDER IS AN OUT.
5. A FORCE OUT REQUIRES YOU TO TAG THE RUNNER.
6. WITH TWO OUTS, THE RUNNERS SHOULD AUTOMATICALLY RUN ON A BATTED BALL.
7. THERE ARE NINE PLAYERS ON A REGULATION SOFTBALL TEAM.
8. IN REGULATION SOFTBALL, THREE STRIKES RESULT IN THE BATTER BEING OUT.
9. IN REGULATION SOFTBALL, THREE BALLS RESULT IN THE BATTER BEING AWARDED 1ST BASE.
10. A BALL WHICH PASSES 3RD BASE IN FAIR TERRITORY AND THEN ROLLS FOUL IS A FOUL BALL.
11. IN OFFICIAL SOFTBALL, STEALING AND BUNTING ARE ALLOWED.
12. IN SOFTBALL, THE PITCHER PITCHES UNDERHAND.
13. ONCE YOU ESTABLISH A BATTING ORDER, YOU MUST CONTINUE TO BAT IN THAT ORDER FOR THE REST OF THE GAME.
14. WHEN A RUNNER ADVANCES TO THE NEXT BASE AFTER A BALL IS CAUGHT, IT IS CONSIDERED A STOLEN BASE.
15. IN SOFTBALL, A RUNNER MUST STAY IN CONTACT WITH THE BASE UNTIL THE BALL REACHES THE PLATE.
16. THERE ARE SEVEN INNINGS IN A REGULATION HIGH SCHOOL SOFTBALL GAME.
17. A DOUBLE PLAY OCCURS WHEN TWO OUTS ARE MADE ON THE SAME BATTED BALL.

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SOFTBALL CROSSWORD PUZZLE



Across

2. An advance to first base by a batter who receives four balls
6. A long fly ball that is caught but the runner is able to tag up and score a run
8. Hitting the ball lightly without fully swinging the bat
9. A short fly ball
10. The credit a batter receives for a turn at bat that enables a teammate to score a run

Down

1. A home run with a base runner on each base, scoring four runs
3. A play in which a runner on third base tries to score as the batter bunts the pitch
4. A ballplayer that is put in to bat for another player
5. An out resulting from the batter getting three strikes
7. An out made when a base runner, forced to run because another teammate must run to the base being occupied, cannot reach the next base safely

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SOFTBALL SKILLS DESCRIPTION

**Below is a list of 3 specific skills in softball
Research and explain the mechanics of each skill
An example is included**

The Sacrifice Bunt

1. Move up in the box when executing the bunt. (This gives you a little more fair territory to work with.
2. Starting in a normal batting stance, the hitter rotates their back foot so that their body is squarely facing the pitcher.
3. At the same time, the top hand should start sliding up the barrel of the bat and moving it into proper position.
4. The top hand should end up about halfway up the barrel, with the bat positioned comfortably between the thumb and index finger.
5. The batter should be in a balanced and comfortable position, with the knees bent.
6. He should also be leaning forward with most of his weight on the front leg.

1) The Drag Bunt:

2) Catching a pop fly:

3) Fielding a ground ball:

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SOFTBALL TERMS

1. An out made when a base runner, forced to run because another teammate must run to the base being occupied, cannot reach the next base safely. _____
2. A play in which a runner on third base tries to score as the batter bunts the pitch.

3. A ballplayer who is designated to bat in place of the pitcher.

4. A sacrifice made by hitting a long fly ball allowing a base runner on third base to score a run after the ball is caught.

5. An advance to first base by a batter who receives four balls.

6. A home run with a base runner on each base, scoring four runs.
7. The credit a batter receives for a turn at bat that enables a teammate to score a run.

8. A short high fly ball.

9. A pitch that is thrown with spin so that its path curves as it approaches the batter.

10. Hitting a softball lightly without swinging the bat.

11. An out resulting from the batter getting three strikes.

*Force-out *Squeeze play *Bunt * Run Batted In * Strike out *Pop fly
*Designated hitter *Grand Slam *Curveball *Sacrifice fly Walk

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SOFTBALL WORD SEARCH

B M C F M T J Y S E I I G G O
N I D Z A O R D A B I L P H R
I L S X L F O R C E O U T I N
S O P E S W E X R X U I X N Q
M Q E T D P T D I R E G S N I
K L A W N M I A F V N Q X I W
S T A W A S X T I L U B P N H
F Y U Q R O V R C E T O X G K
O C O O G K D T E H P N X S E
R T S K E E D Z F F E H U T T
Y J G O N K E B L S E R X B Y
R C C I M P I Y Y U L D N K Q
Q D L W L Z T R K G L T P L U
I I E A N I D E T T A B N U R
Z P Y B Q X D W C S C H O U Z

BUNT
FORCE OUT
GRAND SLAM
INNINGS
LINE DRIVE
PITCHER
POP FLY
RUN BATTED IN
SACRIFICE FLY
SQUEEZE PLAY
STRIKEOUT
WALK