

PHYSICAL EDUCATION TEACHERS—Middle School

STUDENT GROWTH OBJECTIVES

DISTRICT GUIDELINES

All Physical Education Teachers—Secondary will write **two** objectives

- a. one objective focused on student growth *within the course content area*;
and
- b. one objective focused on student growth *within a specific unit in the content area*;
or
- c. one objective focused on student growth within a specific student subgroup (e.g., one class, one section of a class).

SAMPLE OBJECTIVES—FITNESS

80% of students who attend 85% of the time will improve at least 10% of their step count as measured by a pedometer assessment.

80% of students who attend 85% of the time will improve at least 10% in cardiovascular fitness as measured by two of four assessments:

- Pacer Test
- Mile Run
- Half-Mile Run
- Walk Test

80% of students who attend 85% of the time will score at or above the 50th percentile on at least two or more of the five President's Council Physical Fitness Tests as measured by the standardized scores on the President's Challenge.

80% of students who attend 85% of the time will score at or above the target zones on at least two or more of the fitness tests as measured by the standardized scores on the FitnessGram.

SAMPLE OBJECTIVES—SKILLS

80% of students who attend 85% of the time will improve at least 10% in volleyball skills as measured by a serving or modified serving accuracy assessment.

80% of students who attend 85% of the time will improve at least 10% in basketball skills as measured by a timed dribbling assessment.

80% of students who attend 85% of the time will improve at least 10% in soccer skills as measured by a timed dribbling assessment.

80% of students who attend 85% of the time will improve at least 10% in hockey skills as measured by a timed dribbling assessment.

80% of students who attend 85% of the time will improve at least 10% in softball skills as measured by a throwing accuracy assessment.