



Floor Hockey Shooting Rubric



This rubric will help to grade skill level of students in hockey shooting. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
1	Basic Skill Level
	<ul style="list-style-type: none"> • Student takes no step while before they shoot • Students hands are together and not spread apart on their stick • Student swings stick out of control • Student makes little to no contact with the ball
2	Elementary Skill Level
	<ul style="list-style-type: none"> • Students takes no step before they shoot • Students hands are together or spread apart on the stick • Student swings stick instead of pushing stick forward • Students eyes are not on their target and have an inaccurate pass
3	Intermediate Skill Level
	<ul style="list-style-type: none"> • Student takes a small step before they shoot • Students hands are spread out on their stick • Students eyes are not focused on the target • Student pushes stick forward • Student does not fully use their momentum/energy during the shot
4	Exemplar Skill Level
	<ul style="list-style-type: none"> • Student takes a powerful step before they shoot • Students hands are spread out on their stick • Students eyes are located on the target • Student pushes stick forward and uses their arm strength • Student uses all of their bodies energy during the shot

