



**Long Branch
Middle School
January 2025**

DELI BAR

**Assorted Deli Meats, Cheeses and
Toppings Made to Order on Freshly
Baked Breads, Rolls and Wraps**

		1/1 School Closed	1/2 Beef Soft Tacos Black Beans Mex Zucchini	1/3 Boneless Wings (Sweet Chili, BBQ, Buffalo) Crispy Fries Carrot & Celery
1/6 Chicken Nuggets Crispy Fries Roasted Carrots	1/7 Black Bean & Chicken Chilaquiles Salsa Roja Mexican Roasted Sweet Potatoes	1/8 Orange Chicken Fried Rice Spicy Asian Vegetable Blend	1/9 Meatballs Over Pasta Marinara Roasted Butternut Squash Dinner Roll	1/10 Baked Potato Bar (Beef Taco, Pork Carnitas, Cheese Sauce, Broccoli) Breadsticks
1/13 Taco Tatchos w/ Cheddar Cheese Sauce Tator Tots Roasted Corn and Pepper Salad	1/14 Teriyaki Meatball Sub Asian Cucumber Salsa Crispy Fries	1/15 Tinga Chicken Tacos Black Beans Spanish Rice Chicken Katsu Sandwich	1/16 Southern Chicken & Waffles Blue Ribbon Slaw Roasted Garlic Green Beans	1/17 Spaghetti w/ Meat Sauce Glazed Carrots Breadsticks
1/20 School Closed	1/21 Teriyaki Chicken Steamed Rice Spicy Asian Vegetable Blend	1/22 Cheese (v) or Pepperoni Calzone Parmesan Green Beans	1/23 Chicken Alfredo Pasta Parmesan Green Beans Dinner Roll	1/24 Buffalo Chicken Macaroni & Cheese Mixed Vegetables
1/27 Meatball Sub Crispy Potato Wedges Roasted Broccoli and Peppers	1/28 General Tso's Chicken Fried Rice Mixed Vegetables	1/29 Crunchy Beef Taco Black Beans Mex Zucchini Chicken Katsu Sandwich	1/30 Korean BBQ Chicken Sub Soy Roasted Potatoes Roasted Broccoli	1/31 French Toast Sticks Sausage Crispy tater Tots

SIDES OFFERED DAILY WITH LUNCH CHOICES

**Assorted Fresh Fruits and Vegetables, Assorted Low Fat and Skim Milk
Assorted 100% Fruit Juice**

SAUCE IT UP!

Assorted Specialty Sauces to Enhance Menu Selections