



# Long Branch High School January 2025

Together We Can, Juntos Nós Podemos, Juntos Podemos



### Handcrafted Deli Sandwiches

Assorted Deli Meats and Cheeses  
Assorted Fresh Toppings and Spreads  
Choice of Tuna or Egg Salad Daily  
Assorted Wraps, Rolls and Bread

### Action Stations

And  
Build Your Own Bars  
Changing Daily!!

		1/1 <b>School Closed</b>	1/2 Korean BBQ Chicken Vegetable Fried Rice Spicy Asian Vegetables	1/3 Texas Frito Chili Pie Biscuits Roasted Carrots
1/6 Crispy Chicken Bowl w/ Mashed Potatoes and Gravy Golden Corn	1/7 Chicken Fajita w/ Onions & Peppers Cilantro Lime Brown Rice Mexican Corn	1/8 Oven Roasted Chicken Dinner Roll Green Beans  Chicken Katsu Sandwich	1/9 General Tso's Chicken Lo Mein Roasted Carrots	1/10 Macaroni & Cheese Breadsticks Roasted Broccoli
1/13 Chicken Tenders Crispy Fries Dinner Roll Mixed Vegetables	1/14 <b>Taco Bar</b> Choice Chicken or Beef Taco Spanish Rice Aztec Corn Guacamole	1/15 Chef David's Delicious Baked Ziti Garlic Bread Roasted Broccoli	10/17 Beef & Cheese Enchiladas w/ Spanish Rice Refried Beans Black Bean & Roasted Corn Salsa	10/18 Meatballs over Pasta Marinara Roasted Broccoli & Carrots
1/20 <b>School Closed</b>	1/21 Chicken & Cheese Chilaquiles Mexican Zucchini Cilantro Lime Rice	1/22 Chicken Parm Pasta Marinara Roasted Broccoli  Chicken Katsu Sandwich	1/23 Teriyaki Chicken Vegetable Lo Mein Soy Roasted Potatoes	1/24 Buffalo Chicken Macaroni & Cheese Roasted Parmesan Green Beans
1/27 Southern Chicken & Waffles Blue Ribbon Slaw Mixed Vegetables	1/28 Beef Soft Tacos Mex Roasted Sweet Potatoes Black Beans	1/29 Golden Pancakes Sausage Crispy Tater Tot	1/30 Orange Chicken Vegetable Fried Rice Spicy Asian Vegetables	1/31 Southern Biscuits and Gravy Turkey Sausage Crispy Tater Tots

For Nutrition  
information  
<https://longbranch.nutrislice.com/menu>

### Sides Offered Daily with Lunch Choices

Fresh Vegetables, Specialty Made Salads,  
Assorted Fresh Fruits or Canned Fruits  
Assorted 100% Juices  
Assorted Low Fat and Skim Milks & Lactaid Milk