



The Alternative Academy Program

SEPTEMBER 2019

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
WELCOME BACK!			5 Twin Tacos w/ Rice Cheese, Lettuce, Salsa. Southwest Black Beans	6 General Tsao Chicken Steamed Rice Stir Fried Vegetables
9 French Toast Sticks w/ Sausage & Sweet Potatoes	10 Plain or Buffalo Style Chicken Nuggets Smile Fries Soft Pretzel Stick	11 Orange Chicken Over Rice Asian Style Broccoli	12 Sizzlin Chicken Fajitas Onions & Peppers Rice, Refried Beans, Roasted Corn & Salsa	13 Meatball Parm Sub Roasted Garlic Herb Potatoes
16 Grilled Cheese w/ Bacon Tomato Soup Glazed Carrots	17 Fresh Roasted Turkey w/ Gravy Stuffing Steamed Corn	18 Creamy Baked Chicken Alfredo Fettuccini Pasta Broccoli Dinner Roll	19 Chicken & Cheese Taquitos w/ Salsa Confetti Bean Salad	20 Crispy Chicken BLT Baked Fries Sautéed Garlic Spinach
23 Teriyaki Beef & Broccoli Vegetable Fried Rice	24 Cheese Stuffed Breadsticks w/ Marinara Sauce Fresh Caesar Salad	25 Spaghetti, Meatballs Garlic Breadstick Roasted Broccoli	26 Build a Burrito Bowl Chicken, Rice, Beans, Veggies, Assorted Toppings Roasted Corn	27 Popcorn Chicken Bowl w/ Mashed Potatoes, Corn, Cheese, Gravy. Dinner Roll
30 Roasted BBQ Chicken Corn Muffin Coleslaw	OFFERED DAILY This Menu Is Subject To Change Assorted Fresh Fruits & Vegetables, Specialty Made Salads, Assorted Low Fat & Skim Milks, 100% Fruit Juice.			

REVOLVE

Grab & Go Salads & Wraps

9/5-9/13: Chicken Caesar Salad & Italian Sub.

9/16-9/20: Chef Salad & Buffalo Chicken Wrap.

9/23-9/30: Garden Salad w/ Cheese & Tuna Salad Wrap.

THRIVE

Monday: Cheeseburger & Chicken Patty

Tuesday: Cheese or Pepperoni Pizza & Twin Hot Dog

Wednesday: Cheeseburger & Grilled Chicken Sandwich

Thursday: Ham & Cheese Pretzel Melt & Buffalo Chicken Patty

Friday: Philly Cheesesteak & Cheese or Pepperoni Pizza

HONOR ROLL

STACKS

Assorted Deli Meats, Cheeses, & Salads served on Fresh Bread, Rolls, & Wraps.



This institution is an equal opportunity provider