



Long Branch High School June 2016

DELI

Handcrafted Deli Sandwiches

In A Hurry? Check
Out Some Of Our
Fast Take

Assorted Deli Meats and Cheeses
Assorted Fresh Toppings and Spreads
Choice of Tuna or Egg Salad Daily

SALSA

Monday & Friday

TACO BAR

Tuesday

PASTA BAR

Thursday

BREAKFAST Bar

Wednesday

HOT DOG BAR

Daily and Weekly Salad Specials

SALADS

Week 1

Romaine Salad

Week 2

Spinach Salad

Week 3

Romaine Salad

Week 4

Spinach Salad

Monday:

Chef Salad

Tuesday:

Chicken Caesar Salad

Wednesday:

Southwest Salad

Thursday:

Sweet-Sour Chicken Salad

Friday:

Antipasto Salad

GRILL

EVERYDAY CHOICES

Hamburgers, Cheeseburgers

Chicken Patty Sandwich

Monday:

Cheesesteak Sub

Tuesday:

BBQ Turkey Sandwich

w/Carolina Slaw

Wednesday:

Chicken Ranch Wrap

Thursday:

Sausage w/Peppers & Onion

Sub

PIZZA

Everyday Choices

Cheese And Pepperoni Pizza Plus Specialty Pizzas

Monday: Margherita Pizza Tuesday: Calzones or Stromboli

Wednesday: Vegetable Pizza Thursday: Flat Bread Sandwich or French Bread Pizza Friday: Bruschetta Pizza

SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks

		6/1 Pasta Primavera with Dinner Roll Steamed Broccoli Spinach Salad	6/2 Chicken Fajita Taco w/ Spanish Rice Refried Beans Crispy Roasted Chick Peas	6/3 Asian Pork Stir Fry Roasted Garden Vegetables Three Bean Salad
6/6 Cheese Quesadilla Steamed Carrot Coins Tomato Salsa	6/7 Roasted Turkey with Gravy & Mashed Potatoes Green Pea	6/8 Cheese Ravioli w/ Breadstick Roasted Cauliflower Broccoli Slaw	6/9 South of the Border Fish Tacos w/Brown Rice Baked Latin Beans Lentil Salad	6/10 General Tso Chicken over Brown Rice Steamed Green Beans Green Bean Salad
6/13 French Toast w/ Sausage Cinnamon Sweet Potatoes Oven Roasted Tomatoes	6/14 BBQ Baked Chicken with Crinkle Cut Fries Steamed Corn	6/15 Grab & Go Chicken Patty Pizza with Toppings Cheese Burger	6/16 Grab & Go Chicken Patty Pizza with Toppings Cheese Burger	6/17 Grab & Go Chicken Patty Pizza with Toppings Cheese Burger
			BREAKFAST IS OFFERED AT NO COST TO ALL STUDENTS	Available Daily: Peanut Butter and Jelly Sandwich